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FALL/WINTER 2007

linkage

Canterbury Court
Breaks Ground

New Approach
with Person-
Centered
Care

AOPHA's
Art and
Writing
Exhibition



EPISCOPAL RETIREMENT HOMES, INC.

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Linkage, published by Episcopal Retirement Homes, Inc. (ERH), is a resource to address issues and interests of older adults, providing a link between ERH's programs and its service area.

Founded in 1951 and affiliated with the Episcopal Diocese of Southern Ohio, Episcopal Retirement Homes conducts a not-for-profit ministry dedicated to providing services primarily for older adults. Persons of varying economic circumstances, ethnic origins and religious affiliations are served through its programs.

Linkage is now online!

To better serve you, *Linkage* magazine is available via e-mail and the ERH website at www.EpiscopalRetirement.com.

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On the cover:

Volunteer George Keil delivers Lucille Doyle her hot meal from Deupree Meals on Wheels. For more information on Deupree Meals on Wheels, call Dave Maggard at (513) 272-5555, ext. 6628.



A groundbreaking ceremony for Canterbury Court's expansion was held on Monday, Oct. 1. There to celebrate were Maxine Gilman, mayor of West Carrollton; Henrietta Grossoehme, Canterbury Court chaplain; Chris Bruzzese, Berardi + Partners; Jane Kuntz, ERH board of directors and chair of ERH's Miami Valley Development Committee; Denise Bowell, ERH executive director of affordable housing; Jim Hanisian, ERH vice president of fund development; Harold Robinson, West Carrollton City Council; Brian Coate, Lancaster Pollard; Paul Scheper, ERH chief financial officer; Doug Klingensmith, Ohio Capital Corporation for Housing; Tammy Herlihy, Canterbury Court community manager; and Tracy Williams, West Carrollton city manager.

Canterbury Court: A groundbreaking community

Canterbury Court, Episcopal Retirement Homes' (ERH) affordable housing community in West Carrollton, Ohio, recently broke ground on an expansion that will enhance service for its 150 residents. In addition to 48 new parking spaces, a new community room will be added to the front of the building. The entrance will also receive a makeover, with an enhanced canopy and a new front façade.

According to Chris Bruzzese of Berardi + Partners Architects, the new community room will act as a hub for gathering. Featuring a kitchen with state-of-the-art appliances, enhanced office space, a new greenhouse

and a more inviting patio area, the space will be a premier location for residents to hold activities and socialize.

The existing community room will feature an expanded exercise area, a wellness room/physician office and a restroom addition. The highlight of the

space, however, will be a beauty/barber shop.

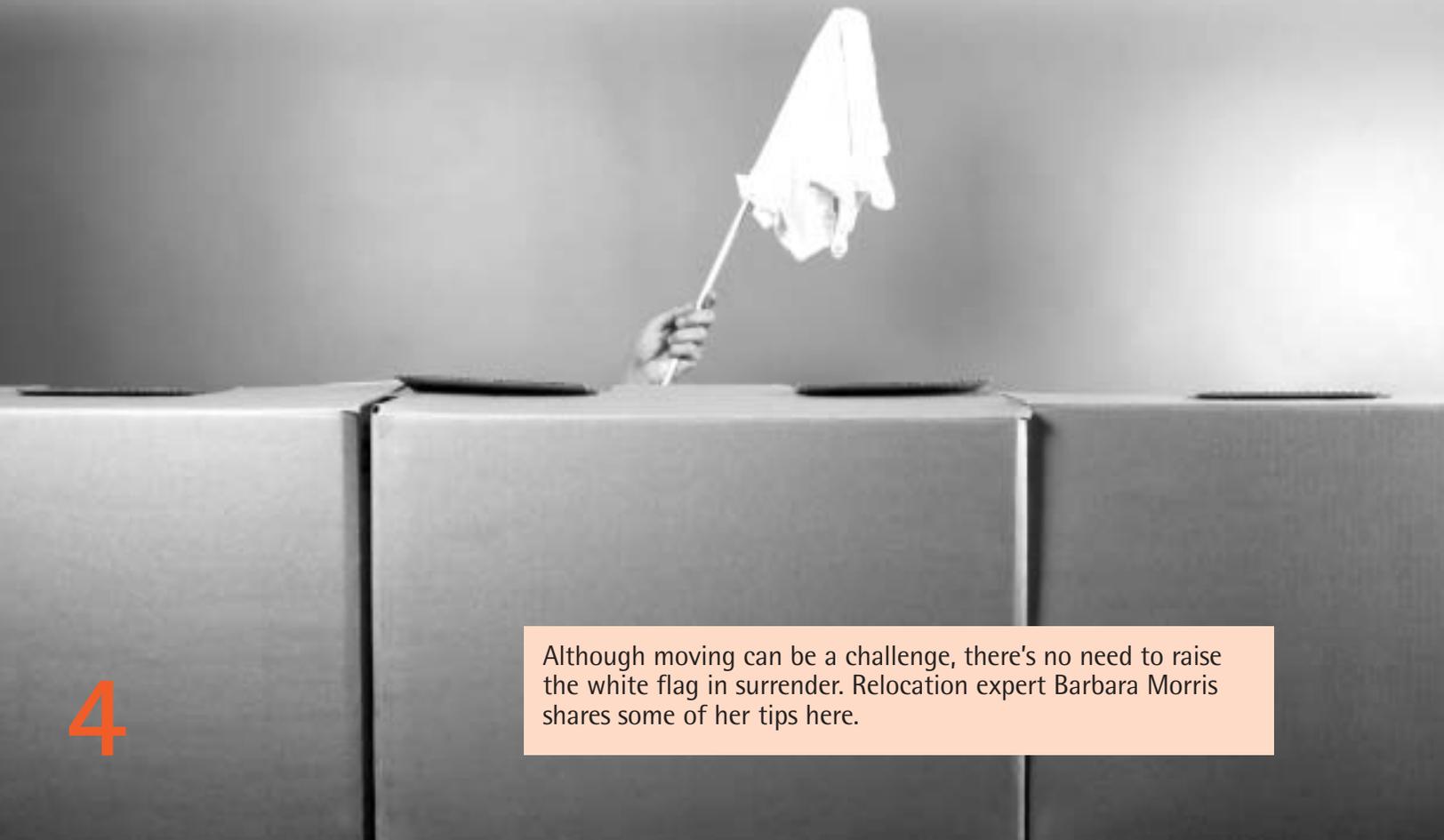
"The residents are so excited about the beauty shop," says Tammy Herlihy, Canterbury Court community manager. "They have been wanting it for years, and now we're finally able to provide it."

As an organization, ERH strives to go above and beyond providing safe and sanitary housing options. Using Canterbury Court as a base model, ERH plans to expand its affordable housing options for seniors throughout the region. The goal is to provide services and amenities to its residents that are not typically seen in Department of Housing and Urban Development (HUD) subsidized housing.

Construction for the Canterbury Court expansion began at the beginning of October, and expected to wrap up by late spring 2008. 🍀

Making a smooth transition

Change. It can be exciting or traumatic; happy or sad; welcomed or dreaded; and any and every combination in between. Some look forward to the new challenge that change brings, while others remain in the past, chained by the fear and extreme stress that change can cause. When it comes to making the decision to move to a retirement community, there are many factors that may hold you back. Relocation expert Barbara H. Morris has several tips to ensure that the move itself is not one of them.



Although moving can be a challenge, there's no need to raise the white flag in surrender. Relocation expert Barbara Morris shares some of her tips here.

“It’s so important to go through this process while you’re still in charge,” Morris explains. “That way, you have the opportunity to decide where to go, what to take and what happens to the belongings that don’t make the cut.

“Once you have established that you are going to make a move, you have crossed the biggest hurdle,” she continues. “The next step is deciding how to get the job done. It isn’t going to be easy; but it won’t get done by itself.”

Morris, whose business, Smooth Transitions, helps seniors and their families with downsizing and estate dispersal, says that there are three main roadblocks that most people face when getting rid of personal items.

“The first thing people automatically think is that all of their belongings are ‘treasures,’” she says. “While this may be true, there could also be a healthy portion of ‘junk’ mixed in!

“Secondly, I hear from people all the time that ‘I don’t want this, but I don’t want it to leave my family, either,’” Morris continues. “If other members of your family don’t want the item, take that as your cue to get rid of it.”

The third thing that many movers face is what to do with their children’s belongings — old toys, art projects from yesteryear, etc. To Morris, this one is the easiest fix.

“You don’t need these items anymore,” she says. “Your children have homes; if they want to hold onto their treasures, they can store the items.”

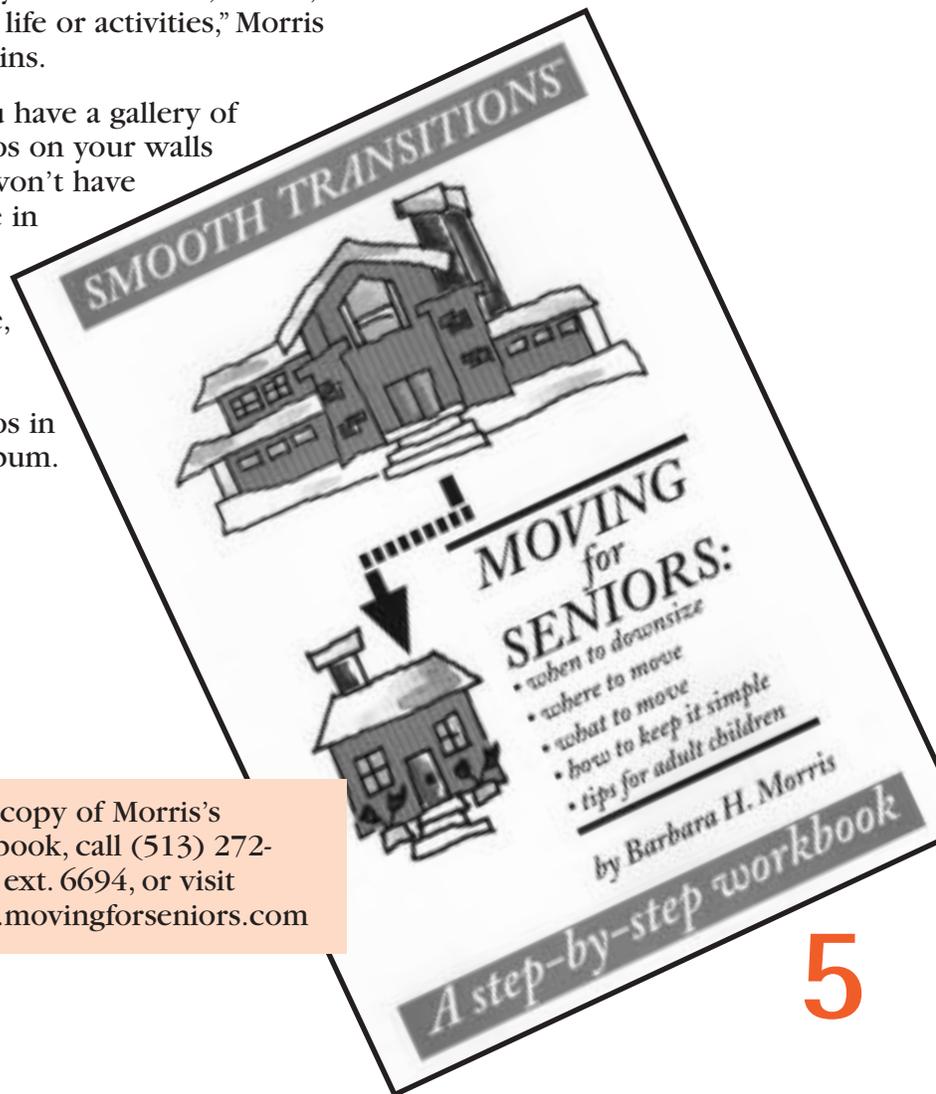
Making the move

In her workbook, *Moving for Seniors*, Morris offers a step-by-step guide to help those who are evaluating whether to make a move. Here, she offers several helpful moving and organization tips:

- While watching television in the evening, take a drawer from another room and go through its contents. Discard items you no longer need (such as a collection of butter tubs) and set aside belongings that you wish to donate or give to family or friends.
- Use a tape recorder, camcorder or notebook to document any special pieces you own. “That small vase that doesn’t look like much to others may be a special treasure from your childhood, travels, work life or activities,” Morris explains.
- If you have a gallery of photos on your walls and won’t have space in your new home, put those photos in an album.

- Mark items with sticky notes or removable colored dots that will be going to other members of your family.
- If having a yard sale, be careful of what you are “throwing out.” Items that you consider very ordinary may have value to a collector. Ask a reliable person to give you an assessment of your belongings before you toss them.
- Auctions and estate sales are another way to sell belongings. Typically, all of the work is done for you at an average cost of 20 to 30 percent of the total sales.

The most important part, Morris states, is to keep the process moving. Start small, do little bits along the way, and before you know it you’ll be ready to make your move. 🍀



For a copy of Morris’s workbook, call (513) 272-5555, ext. 6694, or visit www.movingforseniors.com

Art appreciation...



The 2007 Cincinnati region AOPHA Art and Writing Exhibition was held at Deupree House.

Episcopal Retirement Homes residents recently participated in AOPHA's Art and Writing Exhibition. AOPHA, the advocate of not-for-profit services for older Ohioans, is a statewide nonprofit trade association representing nearly 300 not-for-profit providers of senior housing, adult day care, home- and community-based services, assisted living and skilled nursing.

Held each summer, the exhibition showcases the fine artwork of Ohio's seniors. The show is broken into regional competitions, with the winning entries in each category moving on to statewide judging. This year, the Cincinnati regional exhibit was hosted at Deupree House.

Canterbury Court resident Julie Brooks, whose poem, "Indecision," won first place in the Dayton regional, went on to place second in the state. An accomplished pianist and writer, Brooks was thrilled to have achieved such recognition.

"This poem was written at a very difficult time in my life," she explains. "The writing process really helped me get through it. I'd started the poem a long time ago, and then all of a sudden one day it just came to me."



Canterbury Court resident Julie Brooks placed second in the statewide poetry competition for her poem, "Indecision."

Deupree House resident Dawn Wilson entered her painting, "Cyclamen," in the Fine Art I category.



Several other residents entered artwork into the competition. At the regional level:

From Canterbury Court:

- Joan Perkins: "Freedom in Space" (Fine Art I)
- Bonnie Riddlebarger: "Amish Grist Mill" (Fine Art I, received People's Choice Honorable Mention)

From Deupree House:

- Dawn Wilson, "Cylcamen" (Fine Art I)

From Marjorie P. Lee:

- Ruth Barry: "Blue Leaves" (Special Fine Art)
- Margery Beaver: "The Flowers of Spring" (3D)
- David Clarke: "Advent Morning" (Photography)
- Peg Clemons: "The Flower Garden" (Special Fine Art)

- Dottie Cowan: "Spring Spurs Haiku" (Poetry)
- Marylizabeth Crandall: "Knit Vest" (Wearable Art)
- Marjorie Geis: Untitled (Special Fine Art)
- Norma Grimm: "Nostalgia" (3D)
- Hazel Habiby: Untitled (3D)
- Barbara Hayes: "Flowers" (3D)
- Laverne Hughes: "A Quilt From Scraps" (Large Quilted Work) and "Quilting, A Hobby" (Prose Non-Fiction)
- Helen Johnson: "Janet" (Fine Art II) and "An Alaskan Blizzard" (Prose Non-Fiction)
- Judy Jones: "Lovely as a Tree" (Special Cooperative)
- Barbara Kindel: "A Beautiful Flower" (Special Fine Art)
- Lee Gardens I: "Timothy's Getaway" (Cooperative Prose)
- Lee Gardens II: "A Fish Tail" (Cooperative Prose)

- Helen Licht: "Childs Muffler" (Woven Arts)
- Jeanette Meier: "Flowers" (Special Fine Art)
- Jean Nitchals: "Four Fields of Flowers" (Special Fine Art)
- Esther Sammarco: "Pink Pleasures" (3D) and "Wish" (Special Fine Art)
- Martha Scholler: "O Christmas Tree" (Special Fine Art)
- Gladys Williams: "Ceramic Plate" (3D), "Are You Traveling With Your Husband?" (Prose Non-Fiction) and "Scarf" (Wearable Art)
- Pat Williams: "Sunburst" (Special Fine Art)
- Mary Lea Willie: "Around We Go" (Special Fine Art)

Besides Brooks' winning entry, five other ERH residents had work featured in the statewide exhibit:

From Canterbury Court:

- Carolyn Clark: "Dog Days of Summer" (3D)
- Linda Harris: "It's Not Easy Being GREEN" (3D)

From Marjorie P. Lee:

- David Clarke: "Progression of S" (Poetry)
- Victorine Thompson: "Simple Beauty" (3D)
- Bernice Turney: "Persian Pineapple Doily" (Woven Arts)

Watch for details about the 2008 AOPHA Art and Writing Exhibition next spring. 🍷



Person-centered care expert Steve Shields recently spoke to Marjorie P. Lee residents about the benefits of creating a new model of health care.

Sharing heart and home

Episcopal Retirement Homes' plans to shift to a more person-centered care environment are in full swing. At press time, Cincinnati's planning commission approved the zoning change that was necessary to allow Deupree House to build two, 12-person households, or the Deupree Cottages. Each of the Cottages will be just under 10,000 square feet, located on the 2.1 acre site of the former Ferguson Moving and Storage property.

Although the building plans still need to receive approval from the City of Cincinnati before

construction can begin, Doug Spitler, ERH president and CEO, is confident that the matter will be easily passed through.

"We don't anticipate any approval issues," Spitler says. "Because our zoning was changed from manufacturing to multi-family residential, the city views that as a very good thing."

To help educate more people about person-centered care, expert Steve Shields recently visited with Marjorie P. Lee staff and residents. Shields was hired by ERH as its consultant for the person-centered care initiative.

"This is such an exciting journey that ERH is embarking upon," Shields says. "It's not really so much about improving the way that we provide care; it's actually more about transforming the long-term care industry, and creating a life for elders that is really worth living."

Shields is the CEO of Meadowlark Hills in Manhattan, Kan., which is an international model of transformation and leadership.

Why person-centered care?

The nursing home field is based on a highly regulated, structured system. The rigid design has never allowed individual choice and flexibility. As a result, nursing homes are institutions that consumers avoid. After serious self-examination, the ERH board and senior management team realized that no matter how well the organization already serves

elders, it can always do better. Instead of tweaking a system that is clearly broken, ERH is reinventing how seniors live.

ERH's commitment is for elders to define their home as their sanctuary. With person-centered care, there will be smaller, more intimate households where elders can live together and thrive while having the necessary support. The first development, Deupree Cottages, will recognize preferences and individualized needs by abandoning schedules and routines.

“What really distinguishes these loving households from a traditional nursing home is the fact that the elders who live there direct their own lives, individually and collectively,” says Laura Lamb, vice president of health and hospitality services. “The staff is there to provide the necessary resources and assistance to accomplish elders’ needs and desires. As a result, the feeling of ease, contentment and the sanctuary of home defines life — on their terms.”

Honoring individualized preferences occurs with everyday situations which many of us take for granted: when to get up, when to dress, when to have breakfast, where and how to purposefully use time during the day. In many

large, institutional-type nursing homes, these decisions are not everyday choices for residents due to a pre-determined regimen. Privacy — how much or how little — is also a choice in the new model. With all private bedrooms and suites and a central hearth and living area, residents can enjoy one another’s company, engage in household activities, or retreat to their personal living quarters.

A typical day for a resident at Deupree Cottage will reflect what the elders — individually and collectively — want it to be. Often it will mirror how they lived in their last home. Did they like to sleep in or watch the early morning news? Do they enjoy working in the garden, helping with meals, or planning social events? Do they want to have family in for a visit or go out for the day?

The few providers across the country offering supportive household living are witnessing life-changing outcomes. Many people who were formerly wheelchair-bound can now walk short distances because of the smaller, more intimate setting. Residents who had restless wandering find peace in a familiar environment, and no longer

have a desire to leave. Others, who were typically fed by staff in a traditional nursing home setting, now can dine independently. Staff say they feel more rewarded by positively impacting elders’ lives, hopes and dreams. Evidence indicates that family visits increase, as everyone is more at ease — because this is, truly, the elders’ home. 🍀

The basics

- Located on 2.1 acres contiguous and east of Deupree House, 3939 Erie Avenue (Cincinnati)
- Deupree Cottages will include two households, with each being home to 12 elders. Each household will include two suites, perfect for couples or for individuals preferring more personal space.
- Services and capabilities: 24-hour supportive care; skilled nursing services, including short-term rehabilitation and long-term care; physical, occupational and speech therapy; chaplaincy program; and wellness initiatives, including access to a heated, indoor therapy pool and fitness equipment at Deupree House.

An architectural rendering of what the Deupree Cottages will look like.



Dining, dancing, and generous donors.

ERH raises more than \$71,000 through two successful events.

Generous Gifts of Grace

To celebrate ERH's ministry in central Ohio, both present and future, more than 80 people gathered at the Hyatt on Capitol Square on Nov. 4. The benefit featured a delectable brunch, silent auction, and music by pianist Mr. Tom Crumley. ERH President and CEO, Doug Spitler, discussed the outlook for ERH's ministries in Central Ohio. The generous gifts of the guests and contributors surpassed \$10,000.

Proceeds from the event will directly benefit future ERH affordable housing endeavors and the Parish Health Ministry in the central Ohio area.



Members of the Southern Diocese, (left to right) Kay Strum, Canon Walter Mycoff, Mariann Price, Bishop Price, the Rev. Lynn Carter-Edmands, and the Rev. Frank Edmands, join guests to celebrate ERH's ministry in central Ohio.



Russ Rosler, member of the central Ohio's advisory board, and his wife, Dani.



The Rev. Bruce Smith, chair of the Generous Gifts of Grace event, talks with ERH CEO Doug Spitler.

Sentimental Journey

On Oct. 12, ERH hosted its second big-band event which attracted more than 200 guests. After an elegant dinner, the award-winning Blue Wisp Big Band hit the stage, allowing guests to dance the night away. Beyond the entertainment, the Sentimental Journey also featured a silent auction for artwork and wines. Additionally, a Treasure Chest raffle was held, with jewelry donated by Hyde Park Jewelers.

Ticket sales, the auction and raffle helped to raise \$61,710 for the Good Samaritan Mission. This ERH ministry funds residential financial aid, which helps to improve the lives of older adults throughout southern Ohio. ✚



Volunteer Joe Burling explains the Treasure Chest raffle to Sayers Sarran and Helen Leland.



Chet and Joy Cavaliere dance to the music of the Blue Wisp Band.



The award-winning Blue Wisp Band performs for the guests.

a minister of change



The Rev. Stephen Cuff recently joined ERH as director of spiritual services. He will minister to the residents at both Deupree House and Marjorie P. Lee in Cincinnati.

Steve Cuff, Episcopal Retirement Homes' new director of spiritual services, is no stranger to change. Within a two week period, Cuff said goodbye to his former parish; relocated to the Cincinnati area; started his new ministry with ERH; and sent his youngest of two daughters to college.

"It's all good — but, wow, that's a lot of change," Cuff says with a laugh. "For future reference, I would not recommend moving at the same time you're getting a child ready to go to college..."

A native of Buffalo, N.Y., Cuff received his bachelor's degree from the State University of New York at Buffalo, majoring in geography. He left his snow shovel behind and began a career as a cartographer for a map company in Daytona Beach, Fla., where he met his wife, Beth.

"I've always had a passion for traveling and maps," he says. "The work gave me insight into what helps people get from point A to point B. I'm a pastor and priest with a mapmaker's heart, loving the journey we create along the way."

Cuff attended seminary at Nashotah House in Wisconsin and the School of Theology at Sewanee, Tenn. While in school, he completed two internships working in diverse retirement communities. However, Cuff's passion for ministry with older adults was actually cultivated long before he ever attended seminary.

"My first job was actually in a retirement community," he says. "I worked in laundry and house-keeping, and one of my jobs was to clean residents' bathrooms after they were in bed for the evening.

"I had the most amazing conversations with the residents," Cuff recalls. "Sometimes we talked about the news of the day; sometimes we were in a 1920s streetcar in Buffalo; sometimes we talked about life's hopes and regrets. Even at the age of 17, I knew that those were important conversations. It really helped to pave the way for me."

Since his ordination in 1993, Cuff spent his first six years in the Diocese of West Virginia (Parkersburg and Berkeley Springs) and the next eight at St. Andrew's Episcopal Church in Washington Court House, Ohio. He began his journey with ERH at the beginning of September 2007.

"God has led me toward ministry in small communities where people from all walks of life and faith work, live and learn together," Cuff explains. "A five minute walk to the post office often takes an hour or more because of the people you meet along the way."

Cuff serves the residents and staff of both Deupree House and Marjorie P. Lee. His scheduled work days are Sunday through Thursday, with weekly worship services, Holy Communion and Bible studies offered. Call (513) 533-5045 for more information. ☩

Satisfying residents' needs



Betsy Young, Marjorie P. Lee Auxiliary board member, presents a check of \$12,000 to MPL Resident Council President Jody Gambs at a recent council meeting.

On July 6, the MPL Auxiliary made a gift of \$12,000 for the needs of the MPL residents. This generous contribution was applied toward the purchase of a piece of Keiser fitness equipment and chairs for the MPL activity room. At the recommendation of MPL staff, both the fitness equipment and chairs were selected as a way to enhance the lives of MPL residents.

The Keiser fitness equipment purchased was a state-of-the-art leg press replacing an older machine in the Marjorie Lee Fitness Center. The benefits of the new machine include: sitting higher on the ground for increased management of seat position, and dual resistance for either leg so that one leg can be trained while the other rests.

“We chose this particular piece of equipment because it develops the quadricep and gluteal muscles which are used for getting up and down. As we get older these are the muscles we need to work to maintain mobility;”

reported Kathy Ison, ERH Vice President of Organizational Development and Technology.

Upon hearing resident feedback that upgraded chairs were necessary for the MPL Activity Room, the MPL Auxiliary solicited the help of resident to select which chair would best suit their needs. In a test involving four different chairs, the residents voted on easy of use and comfort. Winning by a landslide, the All Steel Chair with a pivoting “action back” has been ordered and is expected within two months.

Holiday Decorations

Another outreach of the Marjorie P. Lee auxiliary is decorating MPL for the holidays. This year many auxiliary members took part in setting up the Christmas trees in the main lounge and the independent living lounge. Kim Muse, ERH volunteer coordinator, expresses her gratitude by saying, “We are so thankful to the auxiliary for all they do. I especially love when they decorate for the holidays, it helps me get into the Christmas spirit.”



Ellen Berghamer, MPL auxiliary member and MPL resident

Denise Bowell, Episcopal Retirement Homes executive director of affordable housing, was recently selected as a fellow for Leadership AAHSA. Sponsored by the American Association of Homes and Services for the Aging, Leadership AAHSA is a 12-month program designed to develop the future generation of leaders who will transform aging services. Bowell completed a vigorous application process to become one of 35 nationwide fellows for the 2008 program.

“Leadership AAHSA is built on the power of collaboration and community to develop the innovative, person-centered programs our elders deserve,” says Larry Minnix, AAHSA president and CEO. “Together, these individuals will learn valuable leadership skills that will help their organizations offer seniors the services they need, when they need them, in a place they can call home.”

The group will meet face-to-face four times throughout 2007 and 2008, and spend the rest of the year communicating through an online community. Bowell will have the opportunity to learn about and apply leadership theories; engage in discussions and interactive exercises with experts and peers alike; assess and enhance his or her own leadership style; and participate in site visits throughout the country.

Additionally, she will engage in an Action Learning Project, where she will initiate an innovative improvement within ERH that demonstrates the three core tenets of the Leadership AAHSA program: person-centeredness, transformational leadership and innovation. Bowell will present her project at the 2008 AAHSA Annual Meeting in Philadelphia.

“I was so excited to hear that I was accepted (into the program),” she says. “It took me a full two days to get my application together, but I know that I’m going to learn and experience so much over the next 12 months, so it was time well-spent.

“I really appreciate the support that Doug (Spitler, ERH president) and Paul (Scheper, ERH chief financial officer) have given me,” she continues. “Leadership AAHSA will help me form valuable relationships with others in the field and to use them as resources. ERH is evolving rapidly, and this training will help me go from day-to-day manager to a more transformational, innovative leader.”

Bowell’s Leadership AAHSA journey began in October at the 2007 AAHSA Annual Meeting in Orlando. 🍷



Leading the way

Denise Bowell, ERH executive director of affordable housing, was selected as a fellow for Leadership AAHSA's class of 2008.

Refresh Your Soul



Episcopal Retirement Homes' Parish Health Ministry will hold its 2008 Refresh Your Soul conference on Friday, Feb. 29 and Saturday, March 1, at the Crowne Plaza Hotel in Cincinnati (5901 Pfeiffer Road). This year's theme is "A Rule of Life When Life Changes the Rules."

The weekend of renewal will include a keynote presentation from the Rev. Margaret Guenther, M.Div., Ph.D., who is a well-known speaker and author of numerous books related to spiritual direction and prayer. The former director of the Center for Christian Spirituality at the General Theological Seminary in New York, some of her titles include *At Home in the World: A Rule of Life for the Rest of Us*; *Holy Listening: The Art of Spiritual Direction*; *The Practice of Prayer*;

Toward Holy Ground: Spiritual Directions for the Second Half of Life; and *Notes from a Sojourner*.

A silent auction will compliment the conference once again this year, with all proceeds benefiting ERH Parish Health Ministry programs and services, which support the health ministry at each partnering church. Auction donations (i.e., gift certificates, gift baskets, jewelry, craft items, etc.) are needed to make the event a success. Call Rose Lindeman at (800) 835-5768, ext. 4289, for more information.

What people are saying...

ERH Parish Health Ministry programs are provided at low or no cost to more than 100 partnering congregations throughout southern Ohio. Here's a sampling of what people are saying about the most recent program offerings:

About last year's *Refresh Your Soul*:

- "This was an excellent program. It was my first time coming, and I plan to attend next year as well!"
- "I'm leaving the conference with much more than I hoped for; thank you!"

About *Our Journey of Hope*, a program providing direction on how to minister to cancer patients and their families:

- "The training was invaluable. (It) can benefit anyone who wants to provide comfort and trust to a person suffering with any long-term illness."
- "Fantastic! Very enjoyable and informative. Great presenter. Praise God! Thank you for your passion and work."

About the *Friendly Visitor Lenten Program*, which encouraged parishioners to visit retirement community residents:

- "One resident said that she was very touched that someone would visit her who wasn't from her church. Most of the people who signed up to participate in the program plan to continue visiting their new-found friends!"

About *Smokeless Sabbath*, a tobacco cessation education program:

- "Instead of thinking of smoking, this made me think about NOT lighting up."
- "This was a great program — I would like for this help to go on and help others, too." 🍀

Retreating at the Wellness Oasis



Guided by the theme "Refresh, Relax, and Renew," residents and staff celebrated the value of wellness at the annual Wellness Oasis in September. This all-day event, led by ERH's wellness staff, took place at Marjorie P. Lee, Deupree House, and Canterbury Court.

Guests at each Wellness Oasis could choose from an assortment of educational booths and demonstrations. Massages, reflexology, and Tai Chi demonstrations were free to all participants. Also included were screenings for skin

cancer and balance abilities, and blood tests to identify issues with cholesterol and blood sugar.

Victoria Pagan, ERH lead wellness coordinator, confirmed the events at each location were a success. "We were really pleased with the amount of participation at all sites, from both staff and residents." Attendance was far greater than expected, and everyone appreciated retreating during the day to indulge in the well-being of the body, mind, and spirit.

Back Page: Deupree Meals on Wheels staff and volunteers, (left to right) Dick Benning, Stewart Freedman, Vivian Hill, Peggy Moore, Rick Slagle, Eileen Fries, Pam Jones, George Keil, Dick McConn, Jannie Bess, Johnny Crowder, Kenny Wayne Combs III, Bob Hogan, Elizabeth Martin, (front row) David Maggard, and Johnny Strickland.



Join this team and become a Deupree Meals on Wheels volunteer. For more information, call Dave Maggard at (513) 272-5555, ext. 6628.



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